**MINUTES**: Healthy Carolinians of Macon County – **Steering Committee** 

**DATE**: December 8, 2010 **PLACE**: Health and Human Services Building **TIME**: 8:30 - 10:00 AM

ATTENDEES: Rhonda Blanton, Teresa Breedlove, Dan Brigman, Lisa Hilliard, Teresa Mallonee, Kathy McGaha, Barry

Patterson, Yvonne Smith, Sheila Southard and Martin Wadewitz

		FOLLOW-UP
Minutes of the commee min	rty Wadewitz welcomed everyone to today's meeting the Steering Committee. Mr. Wadewitz asked the nmittee members to review the minutes of the last eting. Dan Brigman motioned for the approval of the nutes. Yvonne Smith 2 <sup>nd</sup> the motion, with a unimous vote for approval.	
Committee Updates Mar com	rty Wadewitz asked for an update on the following mmittees or task forces:  • Kathy McGaha gave a brief update on the Primary Care Clinic. Ms. McGaha stated the clinic is still busy, even with the second additional night. Ms. McGaha stated that some walk-in patients are being accepted on Monday nights.  • Ms. McGaha explained that this committee had spent one meeting reviewing and discussing Healthcare Reform. Ms. McGaha said this is a major topic and this committee will continue to review and discuss it.  • Ms. McGaha said this committee spent the next meeting looking at the topic of integrating services (ex: mental health) into primary care settings. Ms. McGaha stated that Jerry Hermanson is still looking into grant opportunities to support this concept. Ms. McGaha said she had contacted Kate B. Reynolds Foundation and has an appointment with them on the 15 <sup>th</sup> .  • Ms. McGaha explained that representatives from Appalachian Community Services and Meridian	

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
TOPIC	Behavioral Health Services have been invited to attend a future meeting.  Chronic Disease Committee – Teresa Breedlove, Chair  Kathy McGaha stated that this committee had been discussing and considering a stronger County Tobacco Policy. Ms. McGaha explained that County Commissioner Bob Simpson had attended one meeting and was very interested in this, but since he was not re-elected the committee would have to discuss what steps to take next.  Ms. McGaha said she had applied for an ACHIEVE (Action Communities for Health, Innovation and Environmental changE). Ms. McGaha stated it would be January, before finding out who received the grants.  Ms. McGaha reported that the Fitnessgram Program was working great. Dr. Brigman reported that Anne Wiggin had been recognized at the last School Board meeting for all her hard	ACTION	FOLLOW-UP
	<ul> <li>work with this program.</li> <li>Community Needs Assessment – Marty Wadewitz, Chair</li> <li>Kathy McGaha reported the next meeting for this committee would be on February 23<sup>rd</sup>. Ms. McGaha said Bill Stiles would be attending the meeting on February 23<sup>rd</sup>.</li> <li>Ms. McGaha stated that this committee will have a lot of work to complete in a short amount of time and would be very busy.</li> <li>Elder Care and Caregivers Committee – Sheila Southard, Chair</li> <li>Sheila Southard said this committee is still pursuing the topic of Senior Friendly Communities and the committee members are busily collecting information on this topic. Ms. Southard explained that this would be a very big</li> </ul>		

project, since the Senior Friendly Project consists of seven components.  Ms. Southard, along with Rhonda Blanton and Kathy McGaha met recently with Candace Roberts and Victoria Young. Ms. Roberts is an Assistant Professor in Interior Design at WCU and Ms. Young is with Haywood Community Connections. Ms. Roberts and Ms. Young have developed a program where businesses are approved as "senior friendly" in Haywood County.  Environmental Quality Task Force – Barry Patterson, Chair  Kathy McGaha again complimented the recent trip this task force took to Coweeta Lab. She stated that much was learned and some strong partnerships have been developed.  Ms. McGaha restated the main focus of this task force was education.  Ms. McGaha said after a group discussion and a recent vote, water has been chosen as the next topic for this task force to work on. Ms. McGaha said the next couple of meetings would narrow down this topic to a couple of specific points for this task force to concentrate on.  Ms. McGaha said Rhonda Blanton has extended invitations to representatives from four varied organizations to attend the next meeting. The purpose for this task force to concentrate on.	TOPIC	DISCUSSION	ACTION	FOLLOW-UP
		<ul> <li>of seven components.</li> <li>Ms. Southard, along with Rhonda Blanton and Kathy McGaha met recently with Candace Roberts and Victoria Young. Ms. Roberts is an Assistant Professor in Interior Design at WCU and Ms. Young is with Haywood Community Connections. Ms. Roberts and Ms. Young have developed a program where businesses are approved as "senior friendly" in Haywood County.</li> <li>Environmental Quality Task Force – Barry Patterson, Chair</li> <li>Kathy McGaha again complimented the recent trip this task force took to Coweeta Lab. She stated that much was learned and some strong partnerships have been developed.</li> <li>Ms. McGaha restated the main focus of this task force was education.</li> <li>Ms. McGaha said after a group discussion and a recent vote, water has been chosen as the next topic for this task force to work on. Ms. McGaha said the next couple of meetings would narrow down this topic to a couple of specific points for this task force to concentrate on.</li> <li>Ms. McGaha said Rhonda Blanton has extended invitations to representatives from four varied organizations to attend the next meeting. The purpose for this meeting is to help in the process of narrowing down the specific areas to be</li> </ul>		
Strengthening Families Committee – Vanessa Bailey, Chair		1		
Kathy McGaha said the Childcare Issues				

TOPIC DISCUSSION	ACTION	FOLLOW-UP
TOPIC  Committee has a meeting planned for next Monday. Ms. McGaha said this committee is still looking at childcare issues in Macon County and considering possible ideas and solutions to this big problem.  • Ms. McGaha said the next Warmth in Winter event will be held on January 26th. Our local event ties into the statewide homeless count being done on that date.  • Ms. McGaha said MPP has volunteered to work on a Homeless Plan for our county. Ms. McGaha said MPP will be trying to obtain a grant and Kristi Case and she have agreed to assist them.  Substance Abuse Task Force – Robby Holland, Chair  • Kathy McGaha explained that Red Ribbon Week was recently held in Macon County schools. Ms. McGaha said different things were done each day and several special events were also held including a special assembly and an essay contest at Macon Middle School. Two guardsmen with the North Carolina National Guard Counterdrug Task Force visited Nantahala, Highlands School, Franklin High School and Macon Middle School.  • Ms. McGaha gave an update on the Controlled Substance Reporting System. Ms. McGaha recently spoke to the physicians at Angel Medical Center about this state database program and encouraged them to enroll it if not already enrolled.  Mental Health Committee – Jim Bruckner, Chair  • Kathy McGaha stated that this committee has not met recently.  • Ms. McGaha said she had met briefly with Paula Ledford with the school system. Ms. Ledford told her that more issues involving students are being resolved, but there is still not much to offer	ACTION	FOLLOW-UP

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	for the parents and families of the students.		
Other Items for Discussion	Other Items for Discussion:		
	<ul> <li>Youth Risk Behavior Survey Results – Kathy</li> </ul>		
	McGaha said the meeting releasing the results of		
	the most recent YRBS was well attended and had		
	also been well covered by the local media.		
	<ul> <li>Owen House – Dan Brigman reported that the</li> </ul>		
	Owen House is now occupied and the next		
	project is to improve the access to the house. Dr.		
	Brigman said hopefully everything will be		
	finished and open to the public by this spring or		
	early summer.		
Next Meeting Date	The next meeting of the Steering Committee will be held		
	on Wednesday, March 9 <sup>th</sup> , from 8:30 AM – 10:00 AM in		
	the Administrative Conference Room at Angel Medical		
	Center.		

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